



During the Polyphenols 2014 World Congress in Lisbon next June 2014, Pr. Claudia Santos from Instituto de Biologia Experimental e Tecnologica, Portugal will propose her work based on **"Overview on Daily polyphenols intake from fresh fruits, in particular berries. Effects of berries metabolites on brain."**

Despite the well know epidemiological associations between polyphenols and health, the effective polyphenol metabolites and their mechanism of action in human organism is still fairly unknown. Studying the biological mechanisms by which dietary poplyphenols exert an impact in human health requires the knowledge about polyphenols intake, tissue bioavailability, metabolism and bioactivities.

To know more about this Polyphenols 2014 World Congree, please visit www.polyphenols-site.com